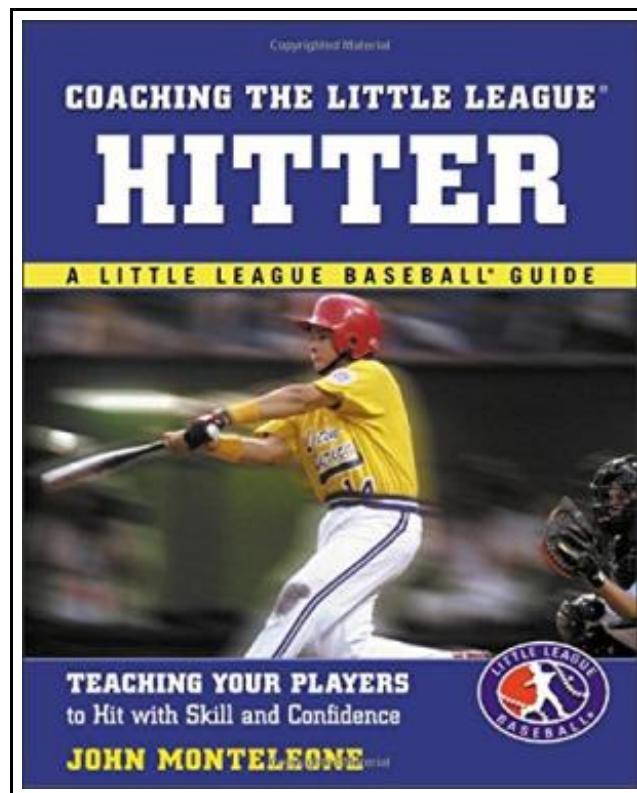


Coaching the Little League® Hitter



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(Jaiden Konopelski)

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McGraw-Hill, 2004. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: Title: Coaching the Little League HitterAuthor: MonteleoneISBN: 0-07-141791-5Category: Sports/BaseballTrim Size: 7 3/8 x 9 1/4UPC: 639785384984Price: \$14.95[category] Sports/BaseballBatter up! Teach your players the art of precision hitting with *Coaching the Little League(R) Hitter*As the legendary Ted Williams once said, hitting is "the most difficult feat in all sports." But with practice, practice, practice and the help of *Coaching the Little League(R) Hitter*, you can guide your Little League players toward hitting hard line drives every at-bat! You don't become a .300 hitter without good fundamentals, correct mechanics, strike-zone discipline, and a lot of repetition. *Coaching the Little League(R) Hitter* provides a ten-step approach for mastering the art and science of hitting. By following the step-by-step approach laid out in this book, your players will learn the proper techniques of hitting. Featuring advice and insight in every chapter from minor league batting instructor Steve Braun, *Coaching the Little League(R) Hitter* presents the ten most important and fundamental concepts that hitters should master, including: Ways to incorporate the proper hitting fundamentals with your players' own distinct batting styles Ways to eliminate "happy feet" inside the box Tips for loading up and increasing bat-head speed How to make the stealth stride and stay under control How to maintain balance while generating power Tips for taking a positive mental approach Fully approved by Little League(R) Baseball Inc., the definitive name in youth league baseball, and illustrated throughout with more than 100 photographs, *Coaching the Little League(R) Hitter* is guaranteed to help young baseball players learn how to hit to the best of their abilities. John Monteleone is the author and editor of several sports books, including *The Little League Guide to Correcting the 25 Most Common*.

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