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Virgin Diet Cookbook The Top Healthy And Delicious Virgin Diet Recipes

By Katrina Abiasi

CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 52 pages. Dimensions: 8.1in. x 4.8in. x 0.2in. Are you currently following or considering starting the Virgin Diet? If so, congratulations! The Virgin Diet is a great natural and healthy way to lose weight and live healthier! However, you might have noticed by now that finding Virgin Diet recipes that are both healthy AND tasty are quite hard to come across! I thought that too, until I did my research, tried hundreds of recipes, and finally came across the BEST ones that tasted AWESOME and still were in-line with the Virgin Diet principles! This book is a collection of those recipes! A few of the many recipes in this Virgin Diet Cookbook include: - Smoke Salmon Pita Pizza - Minestrone Soup - Lentil Stew and Vegetables - Icy Berry Smoothie - Chicken Satay. What are you waiting for? Start enjoying healthy AND tasty Virgin Diet recipes TODAY by scrolling up and clicking the buy now button! Please note: This book is not written by or endorsed by JJ Virgin, but simply a collection of my favorite Virgin Diet Recipes. This item ships from La Vergne, TN. Paperback.



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