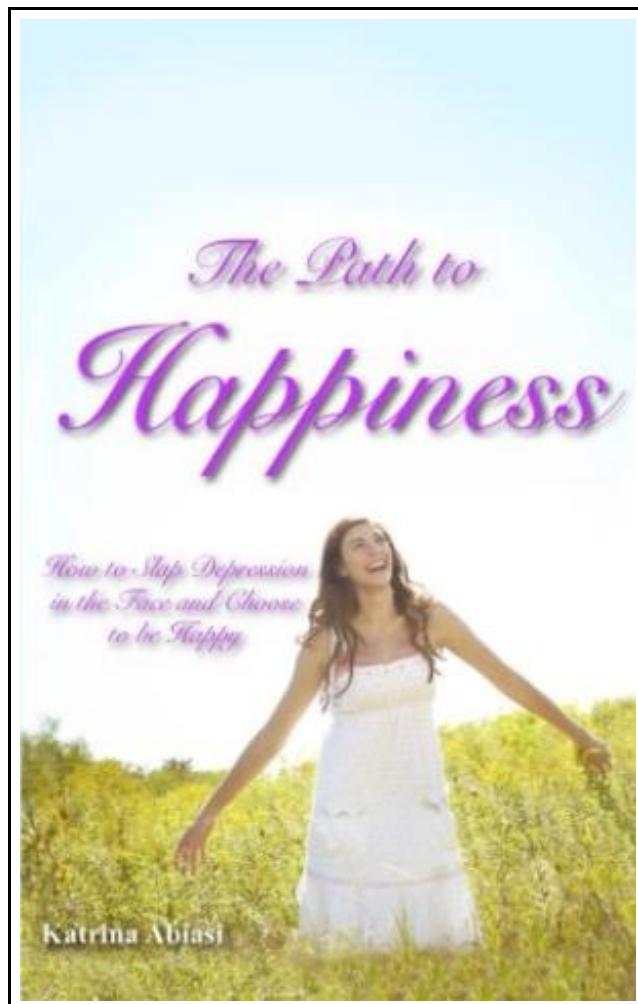


The Path to Happiness How to Slap Depression in the Face and Choose to be Happy



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THE PATH TO HAPPINESS HOW TO SLAP DEPRESSION IN THE FACE AND CHOOSE TO BE HAPPY

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CreateSpace Independent Publishing Platform. Paperback. Book Condition: New. This item is printed on demand. Paperback. 52 pages. Dimensions: 8.0in. x 5.0in. x 0.1in. Hello Friends! My name is Katrina Abiasi and I've been a professional counselor for around 6 years now. During this time, I've had the amazing experience of helping hundreds of patients learn how to overcome depression and become happy again. I wrote this book on treatments for depression because I believe that happiness is a choice and by using the natural remedies for depression in this book, you can learn how to be happy! In addition, this information is more important than ever with the rise of depression in teens. This happiness guide will tell you everything you need to know about dealing with depression, depression treatment, and action steps YOU can take to beat depression once and for all! What's Inside The Book: - Find out EXACTLY what depression and anxiety are and what are the signs of depression you should look for. - A step-by-step guide to dealing with depression for those who are grieving, lonely, dealing with financial troubles, have low self esteem, and simply are sad for no reason. - The SECRETS to finding happiness! - The 5 depression QUICK TIPS to help you become happier today! . . . And More! You are just a few seconds away from being one step closer to becoming happy again! Scroll up and click Buy Now to get started! Best wishes! Katrina Abiasi This item ships from La Vergne, TN. Paperback.

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