



## Teaching Your Baby to Swim: Introduce Your Child to Swimming : an Expert Guide Shown Step by Step in More Than 200 Photographs

By Francoise Barbira Freedman

Anness Publishing. Hardback. Book Condition: new. BRAND NEW, Teaching Your Baby to Swim: Introduce Your Child to Swimming : an Expert Guide Shown Step by Step in More Than 200 Photographs, Francoise Barbira Freedman, Introduce your child to swimming: an expert guide shown step by step in more than 200 photographs. This is a unique series of exercises to encourage co-ordination, strength and confidence, and enhance mutual enjoyment in the water for you and your baby or toddler. You can learn how to submerge your baby safely, progress through to diving and jumping, and finally experience the thrill of watching your child swim freely. It shows how your toddler can discover the freedom of buoyancy and underwater swimming, and become relaxed and independent in the water. It answers all the most frequently asked questions concerning choosing pools and equipment, and the safety of babies in the water. It is packed with entertaining games and activities, all shown in over 200 easy-to-follow photographs. In this fascinating and beautifully photographed book, Francoise Freedman shares the knowledge and expertise that led her to develop Aqualight - Birthlight's approach to introducing babies and toddlers to the world of water. All babies have the potential...

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